



Dr. Vandana Lal M.D (PATH), IFCAP Chief of Pathology

Name : Master SEEDIT KUNDU

144797614

Lab No.

NOT OLLEGIT HONDO

Age: 6 Years

Gender: Male

Collected Received : 9/1/2019 11:04:00AM : 9/1/2019 11:12:11AM

Received

: 11/1/2019 11:12:11AM : 11/1/2019 11:12:33AM

A/c Status : P Ref By : Dr. SAHIL GUPTA Report Status : Final

Test Name Results Units Bio. Ref. Interval

FOOD INTOLERANCE TEST @ (Protein Microarray)				
Food Items	Туре	Elevated (>30)	Borderline (24-30)	Normal (<24)
ALPHA-LACTALBUMIN	DAIRY			1
BETA-LACTOGLOBULIN	DAIRY			2
BUFFALO MILK	DAIRY			0
CASEIN	DAIRY	34		
COW'S MILK	DAIRY	67		
EGG WHITE	DAIRY	42		
EGG YOLK	DAIRY			5
GOAT MILK	DAIRY		30	
SHEEP MILK	DAIRY	43		
ALGA ESPAGUETTE	FISH/SEAFOOD			9
ALGA SPIRULINA	FISH/SEAFOOD			5
ALGA WAKAME	FISH/SEAFOOD		27	
ANCHOVY	FISH/SEAFOOD			4
BARNACLE	FISH/SEAFOOD			2
BASS	FISH/SEAFOOD			7
CARP	FISH/SEAFOOD			7
CAVIAR	FISH/SEAFOOD			3
CLAM	FISH/SEAFOOD			4
COCKLE	FISH/SEAFOOD			1
COD	FISH/SEAFOOD			8
CRAB	FISH/SEAFOOD			2
CUTTLEFISH	FISH/SEAFOOD			2
DORADO/SEA BREAM	FISH/SEAFOOD			0
EEL	FISH/SEAFOOD			5
HADDOCK	FISH/SEAFOOD			6
HAKE	FISH/SEAFOOD			12
HERRING	FISH/SEAFOOD			17



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LOBSTER	FISH/SEAFOOD		4
MACKEREL	FISH/SEAFOOD		7
MONKFISH	FISH/SEAFOOD		6
MUSSEL	FISH/SEAFOOD		5
OCTOPUS	FISH/SEAFOOD		1
OYSTER	FISH/SEAFOOD		3
PERCH	FISH/SEAFOOD		6
PIKE	FISH/SEAFOOD		4
PLAICE	FISH/SEAFOOD		9
RAZOR CLAM	FISH/SEAFOOD		3
SALMON	FISH/SEAFOOD		9
SARDINE	FISH/SEAFOOD		6
SCALLOP	FISH/SEAFOOD		4
SHRIMP/PRAWN	FISH/SEAFOOD		2
SOLE	FISH/SEAFOOD		13
SQUID	FISH/SEAFOOD		1
SWORDFISH	FISH/SEAFOOD		2
TROUT	FISH/SEAFOOD		13
TUNA	FISH/SEAFOOD		9
TURBOT	FISH/SEAFOOD		7
WINKLE	FISH/SEAFOOD		6
APPLE	FRUIT		1
APRICOT	FRUIT		0
AVOCADO	FRUIT		2
BANANA	FRUIT		4
BLACKBERRY	FRUIT		2
BLACKCURRANT	FRUIT		3
BLUEBERRY	FRUIT		3
CHERRY	FRUIT		2
CRANBERRY	FRUIT		4



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Results

FIG F GRAPE F GRAPEFRUIT F GUAVA F KIWI F	FRUIT			2 6 2 2 7 2 5 5
GRAPE F GRAPEFRUIT F GUAVA F KIWI F	FRUIT FRUIT FRUIT FRUIT FRUIT FRUIT FRUIT FRUIT FRUIT			2 2 7 2 5
GRAPEFRUIT F GUAVA F KIWI F	RUIT RUIT RUIT RUIT RUIT RUIT RUIT			2 7 2 5
GUAVA F KIWI F	RUIT RUIT RUIT RUIT RUIT RUIT RUIT			7 2 5
KIWI F	RUIT RUIT RUIT RUIT RUIT			5
	FRUIT FRUIT FRUIT FRUIT			5
LEMON F	RUIT RUIT RUIT			
	RUIT RUIT			5
LIME	RUIT			
LYCHEE F				4
MANGO F	DUIT			2
MELON (Honeydew)	RUIT			4
MULBERRY F	RUIT			4
NECTARINE F	RUIT	64		
OLIVE F	RUIT			1
ORANGE F	RUIT			6
PAPAYA F	RUIT			3
PEACH F	RUIT			7
PEAR F	RUIT			6
PINEAPPLE F	RUIT			2
PLUM F	RUIT		29	
POMEGRANATE F	RUIT			18
RAISIN F	RUIT			3
RASPBERRY F	RUIT			6
REDCURRANT F	RUIT			3
RHUBARB F	RUIT			1
STRAWBERRY F	RUIT			3
TANGERINE F	RUIT			1
TOMATO F	RUIT			1
WATERMELON F	RUIT			2
BARLEY	GRAIN	52		



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DUCKWIEAT				
BUCKWHEAT	GRAIN			1
CORN (maize)	GRAIN	31		
couscous	GRAIN	60		
DURUM WHEAT	GRAIN	51		
FLAX SEED	GRAIN			8
GLIADIN	GRAIN	109		
MALT	GRAIN			16
MILLET	GRAIN			3
OAT	GRAIN		24	
POLENTA	GRAIN			1
QUINOA	GRAIN			1
RICE	GRAIN			16
RYE FLOUR	GRAIN	38		
SPELT	GRAIN	58		
TRANSGLUTAMINASE	GRAIN			3
WHEAT	GRAIN	91		
WHEAT BRAN	GRAIN	48		
ALOE VERA	HERBS/SPICES			9
ANISEED	HERBS/SPICES			1
BASIL	HERBS/SPICES			2
BAYLEAF	HERBS/SPICES			2
CAMOMILE	HERBS/SPICES			3
CAYENNE	HERBS/SPICES			4
CINNAMON	HERBS/SPICES			3
CLOVE	HERBS/SPICES			1
CORIANDER (leaf)	HERBS/SPICES			3
CUMIN	HERBS/SPICES			12
CURRY (mixed spices)	HERBS/SPICES			12
DILL	HERBS/SPICES			0
GARLIC	HERBS/SPICES			2



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	1		
GINGER	HERBS/SPICES		8
GINKGO	HERBS/SPICES		10
GINSENG	HERBS/SPICES		2
HOPS	HERBS/SPICES		2
LIQUORICE	HERBS/SPICES		5
MARJORAM	HERBS/SPICES		6
MINT	HERBS/SPICES		4
MUSTARD SEED	HERBS/SPICES		10
NETTLE	HERBS/SPICES		0
NUTMEG	HERBS/SPICES		16
PARSLEY	HERBS/SPICES		0
PEPPERCORNS (B/W)	HERBS/SPICES		7
PEPPERMINT	HERBS/SPICES		3
RED CHILLI	HERBS/SPICES		1
ROSEMARY	HERBS/SPICES		2
SAFFRON	HERBS/SPICES		4
SAGE	HERBS/SPICES		3
TARRAGON	HERBS/SPICES		3
THYME	HERBS/SPICES		0
VANILLA	HERBS/SPICES		6
BEEF	MEAT		2
BILLY GOAT	MEAT		4
CHICKEN	MEAT		2
DUCK	MEAT		0
HORSE	MEAT		4
LAMB	MEAT		0
OSTRICH	MEAT		1
ОХ	MEAT		4
PARTRIDGE	MEAT		0
PORK	MEAT		1
	1		



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Male

	1			
QUAIL	MEAT			0
RABBIT	MEAT			4
TURKEY	MEAT			4
VEAL	MEAT			2
VENISON	MEAT			3
WILD BOAR	MEAT			0
ALMOND	NUTS		28	
BRAZIL NUT	NUTS			16
CASHEW NUT	NUTS			22
COCONUT	NUTS			12
HAZELNUT	NUTS		25	
MACADAMIA NUT	NUTS			0
PEANUT	NUTS			13
PINE NUT	NUTS			3
PISTACHIO	NUTS		26	
TIGER NUT	NUTS			7
WALNUT	NUTS			2
AMARANTH	VEGETABLES	73		
ARTICHOKE	VEGETABLES			3
ASPARAGUS	VEGETABLES			0
AUBERGINE	VEGETABLES			2
BEAN (broad)	VEGETABLES			9
BEAN (green)	VEGETABLES			0
BEAN (red kidney)	VEGETABLES			9
BEAN (white haricot)	VEGETABLES			18
BEETROOT	VEGETABLES			0
BROCCOLI	VEGETABLES			2
BRUSSEL SPROUT	VEGETABLES			1
CABBAGE	VEGETABLES			4
CABBAGE (red)	VEGETABLES			3
1	-			



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CAPER	VEGETABLES		2
CARROT	VEGETABLES		1
CAULIFLOWER	VEGETABLES		0
CELERY	VEGETABLES		1
CHARD	VEGETABLES		0
CHICKPEA	VEGETABLES		5
CHICORY	VEGETABLES		0
CUCUMBER	VEGETABLES		0
FENNEL (leaf)	VEGETABLES		0
GOURD (squash)	VEGETABLES		5
LEEK	VEGETABLES		1
LENTIL	VEGETABLES		10
LETTUCE	VEGETABLES		0
MARROW	VEGETABLES		0
ONION	VEGETABLES		1
PEA	VEGETABLES	45	
PEPPERS (Mixed)	VEGETABLES		1
POTATO	VEGETABLES		9
RADISH	VEGETABLES		6
ROCKET	VEGETABLES		1
SHALLOT	VEGETABLES		1
SOYA BEAN	VEGETABLES		7
SPINACH	VEGETABLES		2
SWEET POTATO	VEGETABLES		1
TURNIP	VEGETABLES		2
WATERCRESS	VEGETABLES		3
YUCA	VEGETABLES		10
AGAR AGAR	OTHERS		17
CANE SUGAR	OTHERS		8
CAROB	OTHERS		11



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CHESTNUT	OTHERS			2
COCOA BEAN	OTHERS			2
COFFEE	OTHERS			2
COLA NUT	OTHERS		27	
HONEY	OTHERS			2
MUSHROOM	OTHERS			1
RAPESEED	OTHERS			0
SESAME SEED	OTHERS			0
SUNFLOWER SEED	OTHERS			23
TAPIOCA	OTHERS			0
TEA (black)	OTHERS			3
TEA (green)	OTHERS			4
YEAST (baker's)	OTHERS			17
YEAST (brewer's)	OTHERS	41		

Note

Lab No.

A/c Status

- 1. All results should be interpreted in relation to the individual case history.
- 2. Food intolerance is an IgG mediated reaction unlike food allergy which is IgE mediated.
- 3. This assay does not test any intolerance arising due to enzyme deficiency or chemical sensitivity.
- 4. Some individuals may show positivity for many food items, which could be due to local gut pathology. It is recommended to consult your physician

Interpretation

ELEVATED (>30 IU/mL)	BORDERLINE (24-30 IU/mL)	NORMAL (<24IU/mL)
Strong antibody reaction	Lower antibody reaction	No significant antibody reaction
These primary problem foods should be eliminated/avoided for at least 3 months	These moderate to severe problem foods should be reduced and rotated for at least 3 months to avoid an increase intolerance.	without restriction provided
Choose alternative foods from NORMAL column.	Choose alternative foods from NORMAL column.	



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National Reference Lab: Sector-18, Block-E, Rohlni, New Delhi - 110 085 Tel: 011 - 3040-3210, Fax: 011 - 3040-3204 E-mail: lalpathlabs@lalpathlabs.com Web: www.lalpathlabs.com

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ABHISHEK MEMORIAL HOSPITAL BARODA ROAD 9953711292, 9953904109





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Dr. Anil Arora MD (Pathology)

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HOD Hemat & Imm - NRL

